



[legacylongmont.com](http://legacylongmont.com)

## LOFT

Use our online portal, LOFT, to make rent payments and keep up to date with any announcements from our Leasing Office.

Contact the Leasing Office if you need help setting up the Online Portal.

Rent is due on the First of the month.  
Late Fees are 5%.  
Consult your lease for more details.



## CONVENIENCE FEES

A loft living convenience fee is a charge applied to rent payments made through Loft Living online portals when using certain payment methods, like credit cards, to cover the costs of processing those transactions. To avoid this fee, tenants can often use the "e-check" or ACH payment option, which typically has a lower fee or no fee at all.

➔ Add Payment Account

Select a Payment Type:

- Visa
- Mastercard
- American Express
- Other Credit Cards
- eCheck

## PARKING AND STORAGE

Interested in a Parking Spot/Garage? Or need some extra Storage? Stop by the Leasing Office and see what we have available!



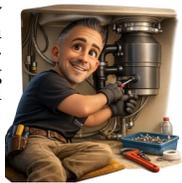
## SMOKE DETECTORS

If your smoke detector begins to "chirp", please call the leasing office and maintenance will replace the battery. Do not disconnect or damage the detectors.



## GARBAGE DISPOSAL CARE

Your garbage disposal is a handy kitchen helper—but it's not a trash can! With a little care and know-how, you can keep it running quietly and efficiently (and avoid those unpleasant clogs or odors).



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|---|---|
| <p>What You Can Put Down the Disposal</p> <ul style="list-style-type: none"> <li>• Soft food scraps</li> <li>• Citrus peels</li> <li>• Cold water</li> <li>• Small ice cubes</li> </ul> | <p>What You Shouldn't Put Down the Disposal</p> <ul style="list-style-type: none"> <li>• Grease, fats, or oils</li> <li>• Fibrous foods</li> <li>• Starchy foods</li> <li>• Coffee grounds</li> <li>• Bones, fruit pits, or shells</li> <li>• Non-food items</li> </ul> |
|---|---|

## KEEP IT SLOW

Please be mindful of your speed and keep it slow while in the complex.



Office and After Hours  
Emergency Number  
**303-651-3600**  
and follow the prompts

Office Hours  
Mon-Fri 9am-6pm  
Saturday 10am-5pm  
Sunday Closed



OUR TEAM

email: [legacy-leasing@summitwestpm.com](mailto:legacy-leasing@summitwestpm.com)



NO SMOKING ANYTIME ON PROPERTY



## FUN MARCH FACTS YOU MIGHT NOT KNOW

March is full of surprises—from weather mood swings to quirky holidays. As we head toward spring, here are some fun and unexpected facts to help you kick off the month with a smile.

### March Is Named After a Roman God

March gets its name from Mars, the Roman god of war. Oddly enough, it used to be the first month of the year on the ancient Roman calendar. Talk about starting the year with confidence!

### Spring Officially Begins This Month

The Spring Equinox usually falls around March 19–21, when day and night are nearly the same length. After that, daylight starts winning—hello brighter evenings!

### March Has a Weather Identity Crisis

"March comes in like a lion and goes out like a lamb" exists for a reason. This month is known for unpredictable weather—sometimes all in the same week!

### St. Patrick's Day Isn't Just About Green

St. Patrick's Day is celebrated on March 17, and while green is the color of choice now, blue was originally associated with St. Patrick. Either way, it's a great excuse for festive food and fun.

March is a month of change, fresh starts, and a little bit of fun chaos. Here's to brighter days, lighter evenings, and the start of spring!

## DAYLIGHT SAVING TIME IS HERE



Daylight Saving Time arrives in March (Sunday, Mar 8, 2026 at 2 a.m.), and while longer evenings are a welcome change, losing an hour of sleep can throw off your routine more than you expect. If you feel extra tired, groggy, or out of sync, you're not imagining it. Here's why the time change affects sleep—and what you can do to adjust more easily.

- **Why Losing an Hour Feels Like a Big Deal**  
Our bodies run on an internal clock, also known as a circadian rhythm. When the clocks move forward, that rhythm is suddenly shifted, making it harder to fall asleep and wake up on schedule—especially during the first few days.
- **Start Adjusting Early (If You Can)**  
Going to bed 15–20 minutes earlier for a few nights before the time change can help ease the transition. If the switch already happened, don't worry—small adjustments now still help.

- **Let Morning Light Do the Work**  
Sunlight helps reset your internal clock. Open your blinds in the morning or take a short walk outside to signal to your body that it's time to wake up.
- **Power Down Before Bed**  
Screens emit blue light that can interfere with melatonin, the hormone that helps you sleep. Try limiting phone, TV, and tablet use 30–60 minutes before bedtime to help your body wind down.
- **Watch Caffeine and Late-Night Snacks**  
Caffeine later in the day can make falling asleep harder, especially after the time change. Try to cut off coffee and energy drinks by early afternoon and keep evening snacks light.
- **Keep Your Sleep Space Cozy**  
A cool, dark, and quiet bedroom can make a big difference. Blackout curtains, fans, or white noise can help improve sleep quality while your body adjusts.

Losing an hour of sleep may feel rough at first, but most people adjust within a few days. With a little patience—and a few good habits—you'll be back on track and ready to enjoy those brighter spring evenings.

## VOCABULARY EXPANDER

### Nudiustertian (noo-dee-us-TER-shun)

English has plenty of ways to talk about time—yesterday, last week, a while ago—but it rarely gets very specific. That's what makes nudiustertian such a delightful curiosity. This rare and elegant word means "relating to the day before yesterday." Derived from Latin roots meaning "now is the third day," nudiustertian once had a practical place in everyday conversation. Over time, it faded from use, replaced by longer phrases. Still, it remains a precise and charming example of how language can pinpoint moments in time with surprising accuracy. Imagine how handy it could be: instead of saying "the day before yesterday," you could simply say nudiustertian. It's concise, distinctive, and guaranteed to spark curiosity from anyone who hears it.

Example sentence: "The maintenance request was submitted on the nudiustertian afternoon and resolved promptly."

So next time you're reminiscing about something that happened just before yesterday, consider reaching for this wonderfully specific word—and enjoy the double takes it's sure to earn.



## ENTER BY MARCH 16, 2026



# SLOW-COOKER CORNED BEEF SLIDERS

Serves: 10–12 sliders  
 Prep Time: 10 minutes  
 Cook Time: 2–3 hours (low)

### Ingredients:

- 1–1½ lbs corned beef, thinly sliced
- 1 cup Swiss cheese, shredded or torn slices
- ½ cup sauerkraut, drained (optional)
- ½ cup Dijon or yellow mustard
- ¼ cup butter, melted
- 1 tsp Worcestershire sauce
- ½ tsp garlic powder
- Slider rolls, kept separate for serving

### Party Tips

Keep rolls in a basket so they don't get soggy  
 Set out extra mustard or Thousand Island on the side  
 Works great in a small crockpot with a serving spoon or tongs

### Instructions:

1. Lightly grease your slow cooker.
2. Layer half the corned beef in the bottom.
3. Sprinkle half the Swiss cheese over the beef.
4. Add sauerkraut (if using), then spread mustard evenly over the layer.
5. Add remaining corned beef and top with remaining cheese.
6. In a small bowl, mix melted butter, Worcestershire sauce, and garlic powder. Drizzle evenly over the mixture.
7. Cover and cook on LOW for 2–3 hours, until heated through and melty. Stir gently once if needed.
8. Switch to WARM for serving.
9. Spoon mixture onto slider rolls.



### Make It Reuben-Style

Add Thousand Island dressing instead of mustard  
 Sprinkle a pinch of caraway seeds into the crockpot

# NO SPACE HEATERS ALLOWED

Space heaters are one of the leading causes of home fires. Even electric heaters with an automatic shut off can cause a fire. For the safety of the entire community space heaters of any kind are not allowed. Should we find a space heater in your home you will receive a legal demand. Second offense could lead to possible eviction. No exceptions will be tolerated! Thank you for helping us keep our Community Safe for the enjoyment of all our residents!



# COLD WEATHER TIPS



We recommend you keep your heat set at 62° F, or higher, during any temperatures in the low teens, single digits, or below freezing. Please DO NOT turn off your heat if you plan on leaving for a day, or several days. During cold temperatures, it is a good idea to keep the cabinets underneath the bathroom sinks and kitchen sinks open a crack to allow heat to flow to keep pipes warm. In the event you turn on the water, but it does not run, then call us immediately. For after hours call our emergency phone at 303-651-3600 and follow the prompts to be directed to our after-hours emergency service. One of our staff members will respond. DO NOT leave fireplaces operating unattended and candles are not allowed. Use electric candles.

# LEPRECHAUNS, LUCK, AND A LITTLE BIT OF MAGIC



As March rolls in, so does the magic of St. Patrick's Day—and with it, the mischievous charm of leprechauns! These figures from Irish folklore are known for their green coats, clever tricks, and, of course, their legendary pots of gold hidden at the end of the rainbow. According to tradition, leprechauns are master shoemakers who guard their treasure closely. If you're lucky enough to spot one, legend says they might grant you three wishes—but don't blink! Leprechauns are famous for outsmarting anyone who tries to capture them. St. Patrick's Day is the perfect time to embrace a little extra luck and whimsy. Whether it's wearing green to avoid a pinch, enjoying Irish-inspired treats, or simply smiling at the playful decorations around the community, this holiday is all about fun and good fortune. So keep an eye out—you never know when a leprechaun might be hiding nearby. From all of us, we're wishing you a month filled with luck, laughter, and maybe even a little gold at the end of your own rainbow. Happy St. Patrick's Day!

# LUCK VS. HABIT: WHY GOOD ROUTINES BEAT GOOD LUCK

March is the month of four-leaf clovers, lucky charms, and wishes for good fortune. While a little luck never hurts, the truth is that the biggest wins in daily life usually come from something far more reliable: good habits.

Luck is unpredictable. Habits, on the other hand, quietly work for you every day.

*Small routines create big results.*

Something as simple as setting your keys in the same place, prepping lunches the night before, or doing a quick five-minute tidy can save time, reduce stress, and make mornings smoother. No luck required—just consistency.

*Habits reduce decision fatigue.*

When you build routines, you make fewer daily decisions. That means more energy for the things that matter, whether it's work, family, or relaxing at home. It's amazing how freeing it feels when life runs on autopilot just a little.

*Good habits make "lucky moments" more likely.*



That productive day, that calm evening, or that on-time arrival often feels like good luck—but it's usually the result of preparation. Showing up early, staying organized, and planning ahead all stack the odds in your favor.

*You don't need a full reset—just one small win.*

March is a great time to refresh without pressure. Try one simple habit this month:  
 Open the blinds every morning for natural light  
 Take a short walk after dinner  
 Set a weekly reset day for laundry or cleaning  
 Power down screens 30 minutes before bed

*Luck fades. Habits stick.*

While lucky socks and green shirts are fun, the routines you build are what truly shape your days. This March, celebrate progress over perfection—and remember that the luckiest thing you can do is show up for yourself consistently. Here's to a month filled with smart routines, small wins, and just a little extra luck along the way.

# ST. PATRICK'S DAY FUN FACTS

- St. Patrick wasn't Irish. He was born in Britain and later became Ireland's patron saint.
- Green wasn't always the color. Early images of St. Patrick showed him wearing blue.
- The shamrock has meaning. It symbolized the Holy Trinity long before it became a lucky charm.
- Corned beef isn't traditional Irish fare. It became popular in America, not Ireland.
- Parades began in the U.S. Irish immigrants started the tradition before it reached Ireland.
- Ireland never had snakes. The famous legend is symbolic, not literal.

St. Patrick's Day has a rich history full of surprises—proof there's more to the holiday than green décor and festive drinks.

march 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
Rent Due	8	9	10	11	12	13
15	16	17 St Patrick's Day	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# TRASH

Please ensure your trash makes it to (and inside) the dumpster. Please DO NOT leave trash in front of your door!



# PACKAGES

Packages need to be delivered to your door. They will not be accepted at the office.



# PARKING

CONGRUENT TO YOUR LEASE, all vehicles parked in the parking lot must be parked FORWARD FACING and no part of the vehicle may block any part of the sidewalks/Walkways. No OVERSIZED vehicles may be parked within the community parking lot. Any violation of these rules may lead to the vehicle being towed, at owner's expense, And/Or, A legal demand being served, that can lead to eviction.

Thank you for your cooperation,  
 Legacy Apartments



# PETS/SERVICE ANIMALS

All Pets, including ESA - Emotional Support/Service Animals, need proof of vaccines. Remember to Leash and Clean Up after your animal.

